



## **Annual Physical Exam 30 Sec PSA**

This is State Health Officer, Doctor Scott Harris. I want to take a moment to remind you how important it is to have an annual physical exam.

They offer a great opportunity to speak with your physician about any concerns regarding your particular health needs. They can also catch health problems before they become serious.

If you haven't had your annual physical exam, schedule an appointment with your physician today. For more information, visit our website at [Alabama-Public-Health-dot-g-o-v](http://Alabama-Public-Health-dot-g-o-v).

This message brought to you by the Alabama Department of Public Health and this station.

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