



## **NEWS RELEASE**

### **ALABAMA DEPARTMENT OF PUBLIC HEALTH**

RSA Tower 201 Monroe Street, Suite 914 Montgomery, AL 36104  
Phone 334-206-5300 Fax 334-206-5520

[www.adph.org](http://www.adph.org)

---

### **Family Planning patients encouraged to enroll in free ‘Wonder Women of Wilcox County’ Healthy Living Program**

#### **FOR IMMEDIATE RELEASE**

#### **CONTACT:**

Kristy Wilkinson  
(334) 682-4515

In early January 2015, Wilcox County Health Department will begin a “Wonder Women of Wilcox County” Healthy Living Program. This program will be supervised by Joan Hart, CRNP, and the Health Department Nursing Supervisor, Kristy Wilkinson, RN.

To participate, women need to be current Family Planning patients at the Health Department who meet certain criteria and are ready for a healthier 2015. Enrollment is limited and free to those eligible.

This program will provide individual weekly nutrition counseling and professional support as women make those changes to be healthier. Participants can sign up between Jan. 8 and 22. Please contact the Health Department at (334) 682-4515. For other public health information, visit <http://www.adph.org/wilcox/>

-30-

12/05/14