



**NEWS RELEASE**

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**Symposium to highlight the need for men to make their health a priority**

**FOR IMMEDIATE RELEASE**

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June is National Men's Health Month, an observance to encourage men to make their health a priority. In collaboration with Alabama State University and the city of Montgomery, the Alabama Department of Public Health will hold its second Men's Health Symposium on June 12 at 3 p.m., on the ASU campus at the John L. Buskey Health Science Building, North University Drive.

Topics include heart disease and stroke risk factors and prevention, testicular and prostate cancer prevention and treatment, healthy lifestyle choices, and utilizing social networks to promote healthy living.

Speakers at the free symposium will be Dr. Brian Richardson, urologist at Jackson Hospital, and Bernard Linzy of the ADPH's STD Division.

Members of the Men's Health Committee will share health education messages at the Southwest Dueling Dragon Classic (Dragon Boat Races) on June 8 at Riverfront Park in downtown Montgomery and June 15 at the Frazer Memorial United Methodist Church Father's Day Run.

The theme of Men's Health Week 2013 in Alabama is "Do What You Do Best. Be a Man. Be Healthy." For more information about this and other men's health outreach activities and issues, visit [adph.org/menshealth/](http://adph.org/menshealth/).