



## **NEWS RELEASE**

### **ALABAMA DEPARTMENT OF PUBLIC HEALTH**

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## **Women's Health Update set for Oct. 16 in Birmingham**

### **FOR IMMEDIATE RELEASE**

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"Women's Health Across the Lifespan" is the theme of the Third Annual Women's Health Update, a continuing education offering for registered nurses, pharmacists, social workers and dietitians. The conference will be held Saturday, Oct. 16, from 8 a.m. to 4 p.m. at St. Vincent's Health System Bruno Conference Center in Birmingham.

This update will disseminate scholarly work that is aimed at improving the health status of women across the lifespan and provide a venue for scholars from various disciplines to share their latest projects or research findings with colleagues and health care professionals in Alabama.

Presentation topics include:

The impact of health care reform on women's health issues in Alabama.

Women in the health promotion and prevention mode.

Strategies to promote mental health in women across the lifespan.

Postpartum depression.

Diabetes management in underserved populations of children, adolescents and women.

End-of-life planning for women.

Registration is \$75. Continuing education hours have been approved from these respective professional boards: Alabama State Board of Nursing, 7.5 hours; Alabama Board of Social Work Examiners, 5 hours; Alabama Dietetic Association, 7 CPEU hours; and Alabama Pharmacy Association, 5.5 hours.

For more information, contact the Office of Women's Health, Bureau of Professional and Support Services, Alabama Department of Public Health, (334) 206-5669.

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