



## NEWS RELEASE

### ALABAMA DEPARTMENT OF PUBLIC HEALTH

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## Children and Youth with Diabetes will take strides bowling

### FOR IMMEDIATE RELEASE

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The Children and Youth having Diabetes River Region Committee invites families of children with diabetes for an afternoon of free bowling fun on Sunday, Feb. 8, at 2 p.m. at Bama Lanes, 3020 Atlanta Highway, Montgomery.

“Children between ages 5 to 16 who have diabetes are invited to come out and enjoy an afternoon of bowling with other kids and their families who are learning to manage their diabetes,” said Brandi Pouncey, health educator with Steps to a HealthierAL. “These kids will have an opportunity to share their experiences in handling their diabetes, while having fun bowling and meeting the other children and families that are going through some of the same situations.”

This fun day of hitting tenpins at Bama Lanes is being hosted by Southeastern Diabetes Education Services, in partnership with Children and Youth having Diabetes River Region Committee. This event is made possible by a mini-grant from Steps to a HealthierAL, River Region, to the Southeastern Diabetes Education Services. There is no charge for children and youth having diabetes to participate. This includes the cost of shoe rental, three games and a healthy snack, which is being provided by Filet and Vine. Bama Lanes is located at 3020 Atlanta Highway, Montgomery.

To register, please contact Terry or Donna by email at [info@southeasterndiabetes.org](mailto:info@southeasterndiabetes.org), by phone at (205) 402 0415; or by fax at (205) 402 0416. A parent or guardian must accompany children.