

## Updated! Virtual Young Teen Asthma & Wellness Camp: Join us for Summer 2024!

The Virtual YTA&WC helps teens ages 11-15

learn how to better manage their asthma and incorporate healthy habits into their daily lives. Our program makes asthma education fun using games, music from *Asthma Blues®*, cooking, crafts, technology, and more. Thanks to our generous supporters, **campers participate at no cost**. Camp dates (10AM -3PM):

Virtual Camp 1: June 10-14, 2024

Virtual Camp 2: July 8-12, 2024

Incentives: Campers receive a Camper Gear Box with Fit Tracker, Digital Music download, and can earn a \$50 Gift Card for completing surveys.



School-based Camps: To be determined by participating schools.

Check out our website at <u>www.youngteenasthma.org</u> Coming Soon: <u>www.AlabamaAsthmaAmbassadors.org</u>

Interested? Complete the link or scan the QR code or email Dr. Ellen Buckner at <u>ebbuckner@gmail.com.</u> <u>https://www.surveymonkey.com/r/VYTAWC202</u>4



Leaders in Training (High School Students) may earn stipends (gift cards) and recognition for service: https://www.surveymonkey.com/r/2024LITRegistration