



For Immediate Release

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2018 Single Mothers Empowerment Conference

Birmingham, AL- Single parent women are invited to the Fifth Annual Single Mothers Empowerment Conference, "*Renew Your Spirit!*" on June 23 2018 at 8:00 A.M. to 3:00 P.M. at the McWane Science Center. The conference provides a constellation of information, resources, and a strong network of support for single mothers of all walks of life. It is designed to empower single mothers to address the challenges and obstacles they face as family leaders while helping them to renew their hopes, dreams and goals.

This event offers knowledge, mentorship and motivation through round-table and open discussions, inspirational speakers, passionate professionals and exciting vendors. Single mothers will gain fresh insight on major issues including finances, money management, parenting, healthy relationships, life transitions, self advocacy, education and legal concerns. They will enjoy door prizes, lunch, entertainment and the Single Moms Salute! Free childcare is provide for the first 50 online registered participants with children ages three (3) to 15.

Registration is \$30 online in advance and \$35 on-site. To register and learn more, go to: singlemothersempowerment.org.

The line up of dynamic speakers includes:

Kathy Boswell ~ Director, Organizational Development, Brookwood Baptist Health and Author

Judge, Nakita Blocton ~ Circuit Court Judge - Tenth Judicial Circuit of Alabama

Lynne Clifton, MSSW, LICSW, PIP, BCC ~ Counselor II, UAB Employee Assistance & Counseling Center

Terri Ann Heiman ~ Author, Spiritual Teacher, Energy Healer, Podcaster, *Natural Forces Studio, LLC*

Shellie Layne ~ Founder, At Home Foundation, Inc.; Women Under Construction Network

Debra Nelson ~ President, Elevate Communications

Chandra Sparks Splond ~ Editor, Award-Winning Author And Blogger

Melva Tate, PHR/CLC ~ President & Human Capital Strategist, *Tate Associates, LLC*

Dr. Stephanie R. Yates ~ Endowed Professor and Director, UAB Regions Institute for Financial Education

Single Mothers Empowerment Conference, Inc., a 501(c)(3) non-profit organization, shares this mission with supportive sponsors including The Women's Network of Birmingham, Regions Investment Services, Birmingham Parent, DHRMedia and the Alabama Department of Public Health's Office of Women's Health.

Nominations are being accepted for the Single Mom Salute! Nominate a deserving single mom in 300 words or less. Email your nomination to Smeconferenceal@gmail.com before June 15, 2018. To learn more about the Single Mom Salute, check our website at Singlemothersempowerment.Org.

About Single Mothers Empowerment Conference, Inc

Single Mothers Empowerment Conference, Inc. is an Alabama based 501(c)(3) non-profit organization established in 2014 to support the local community by addressing the major issues that impact the lives of single mothers and their children. We believe... *Every Single Mother Matters!*

Single Mothers Empowerment Conference, Inc.

429 Greensprings Highway Suite 161-374 • Homewood, AL 35209

www.singlemothersempowerment.org | [f](#) Single Mothers Empowerment Conference, Inc. | [t](#) @SMEConferenceAL