



STATE OF ALABAMA DEPARTMENT OF  
**PUBLIC HEALTH**

**ANNUAL PHYSICAL EXAM (30 SEC)**

This is Acting State Health Officer, Doctor Scott Harris. I want to take a moment to remind you how important it is to have an annual physical exam.

They offer a great opportunity to speak with your physician about any concerns regarding your particular health needs. They can also catch health problems before they become serious.

If you haven't had your annual physical exam, schedule an appointment with your physician today. For more information, visit our website at Alabama Public Health dot g-o-v.

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