



STATE OF ALABAMA DEPARTMENT OF  
**PUBLIC HEALTH**

**Lupus PSA 60 seconds**

Five million people across the world suffer from Lupus, with 16 thousand new cases reported each year. This is State Health Officer Dr. Scott Harris.

Lupus, a chronic autoimmune disease, mostly affects woman of childbearing age but can affect men, children and teenagers. Women of color are two to three times more likely to develop Lupus. In Lupus something goes wrong with the immune system and can range from mild to life threatening.

Lupus can affect many different organs so a wide range of signs and symptoms can occur. The most common symptom is extreme fatigue. If you suffer from that along with painful or swollen joints, fever, anemia, swelling of feet, legs, hands or around your eyes call a rheumatologist for treatment.

With good medical care, most people with Lupus can lead a full life. You play an important role in helping your doctor manage your disease. Listen to your body and ask questions. You can visit Alabama Public Health dot g-o-v for more information.

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