



STATE OF ALABAMA DEPARTMENT OF
PUBLIC HEALTH

Antibiotic Awareness (30 Second)

This is Acting State Health Officer Doctor Scott Harris. Did you know that the C-D-C estimates that 30 percent of all antibiotics prescribed in outpatient clinics are not necessary?

You can help prevent taking unnecessary antibiotics simply by asking questions. Ask your doctor what the antibiotic is treating and if there are ways to relieve symptoms of your illness without the antibiotic.

Also, use good hygiene practices like washing your hands, covering your cough, and staying home from school or work when you are sick. Visit our website at Alabama public health dot G-O-V for more information.

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