

On EMS Recognition Day, honor local EMS heroes who regularly go above and beyond what is expected. Give gratitude to first responders for their unwavering commitment to serve their communities.

- Remember colleagues injured or killed in the line of duty with a public ceremony or a moment of silence.
- Host an awards luncheon to recognize an EMT or Paramedic of the Year, as well as all of your EMS practitioners.
- Give gratitude to your family by taking some time off during EMS Week, relax, and be present and attentive with the ones you love

See how EMS providers have saved children's lives across the country:

- [Graduate reunites with the EMT who saved his life as a baby](#)
- [Paramedic, EMT honored for saving child's life](#)
- [How a paramedic's split-second decision may have saved a Parkland student's life](#)
- [Illinois paramedic saves infant from SUV submerged in lake](#)



Jeff Colyer, Governor of Kansas, proclaiming May 23, 2018 as EMSC Day in Kansas