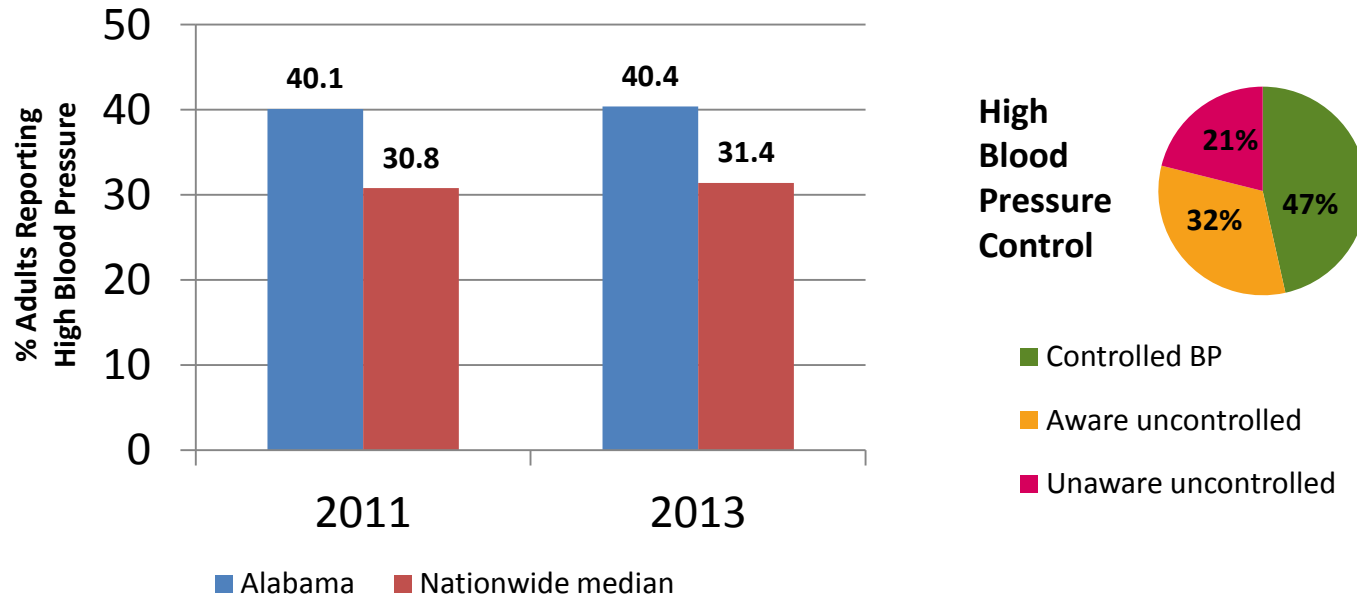


# Hypertension in Alabama



According to phone surveys conducted by the Behavioral Risk Factor Surveillance System 2011–13, high blood pressure affects over 40% of Alabama adults, which is well above the nationwide median. Many more Alabamians may not be aware they have hypertension if they have not had a recent blood pressure check. CDC reports that only half of people with hypertension have their blood pressure under good control, and one in five with hypertension are not aware of having uncontrolled blood pressure.

The Alabama Department of Public Health is working with community partners, universities, hospitals, health centers, and health insurers in the Blood Pressure Task Force to develop policies and plans for improved blood pressure screening and control in Alabama. For more information, please contact Melanie Rightmyer, DNP, RN at [Melanie.Rightmyer@adph.state.al.us](mailto:Melanie.Rightmyer@adph.state.al.us)