



RED IS NOT YOUR COLOR.

PUT ON YOUR SUNSCREEN!

Skin cancer is the most common form of cancer in the United States.

One person dies of melanoma every hour.

One blistering sunburn in childhood can double your chances of developing melanoma.

Use sunscreen with SPF of 30 or higher and apply 20-30 minutes before going outdoors

THERE IS NO SUCH THING AS A SAFE TAN

Alabama Comprehensive
Cancer Control Coalition

alabamacancercontrol.org

adph.org/cancercontrol

ADPH.ORG