

2015 Alabama Newborn Screening Conference



Marriott Hotel and Conference Center
Prattville, Alabama
Friday, September 18, 2015

Family Presentations: Timeline of Newborn Screening Disorders

Cystic Fibrosis - McCain Family

McCain Family



McCain Family 2015 Jake (12), Justin (10), Jeremy (5), Joseph (17 months)



Three out of our Four boys have Cystic Fibrosis



Our Story

- Through newborn screening, two out of three of our children were diagnosed with Cystic Fibrosis
- Justin spent his first 5 years undiagnosed because he was born prior to CF newborn screening

Our Story

- Jeremy and Joseph were newborns when diagnosed
- Newborn screening is so important and we are so grateful for it

Justin at age 5 before being diagnosed. He weighed 34lbs when diagnosed



Justin having his sweat test on the day he was diagnosed with CF in 2010



Jake having his sweat test in 2010 age 7. He is not even a carrier for Cystic Fibrosis.



Boys at CF clinic for their quarterly check-ups. They mask up and wear gowns at clinic to prevent germs.



At clinic vitals, weight, throat cultures, doctor exam and lung function tests are done.



At home we use chest therapy machines twice a day for 30 minutes each. This helps keep their lungs clear from any mucus. Joseph's therapy is done by hand.



The boys' meds for just one day. Each takes enzymes with every meal and snack to help them digest their food. Justin and Jeremy are currently on Kalydeco which has done wonders for them!



We participate in our "BlowAway 5k" and 1 mile fun run in Trussville. Join us on November 14th!



Justin now weighs 78 lbs and is doing great! He loves dinosaurs, Legos, and playing with his brothers.



Jeremy now weighs 43 lbs and is doing great! He also loves dinosaurs, Legos, trains and playing with his brothers.



**Joseph now weighs 23 lbs and is
doing great! He loves eating his
brothers Legos, trains and dinosaurs!
He loves playing with his brothers!**

