

APA 1  
4/18

**TRANSMITTAL SHEET FOR NOTICE OF INTENDED ACTION**

Control 420 Alabama Department of Public Health

Rule Number 420-11-3

Rule Title Youth Injury Mitigation Training

New  Amend  Repeal  Adopt by Reference

Would the absence of the proposed rule significantly harm or endanger the public health, welfare or safety? Yes

Is there a reasonable relationship between the state's police power and the protection of the public health, safety or welfare? Yes

Is there another, less restrictive method of regulation available that could adequately protect the public? No

Does the proposed rule have the effect of directly or indirectly increasing the costs of any goods or services involved and, if so, to what degree? No

Is the increase in cost, if any, more harmful to the public than the harm that might result from the absence of the proposed rule? N/A

Are all facts of the rulemaking process designed solely for the purpose of and so they have as their primary effect, the protection of the public? Yes

Does the proposed action relate to or affect in any manner any litigation which the agency is a party to concerning the subject matter of the proposed rule? No

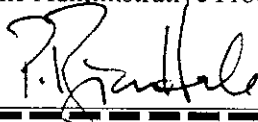
Does the proposed rule have an economic impact? No

If the proposed rule has an economic impact, the proposed rule is required to be accompanied by a fiscal note prepared in accordance with subsection (f) of §41-22-23, Code of Alabama, 1975.

**Certification of Authorized Official**

I certify that the attached proposed rule has been proposed in full compliance with the requirements of Chapter 22, Title 41, Code of Alabama, 1975, and that it conforms to all applicable filing requirements of the Administrative Procedure Division of the Legislative Services Agency.

Signature of Certifying Officer



Date

7/17/18

REC'D & FILED

JUL 19 2018

LEGISLATIVE SVC AGENCY

APA 2  
4/18

**STATE BOARD OF HEALTH  
NOTICE OF INTENDED ACTION**

AGENCY NAME: Alabama Department of Public Health

RULE NUMBER AND TITLE: 420-11-3, Youth Injury Mitigation Training

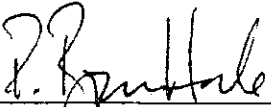
INTENDED ACTION: New Chapter 420-11-3

SUBSTANCE OF PROPOSED ACTION: The Alabama Department of Public Health will establish guidance for all unpaid volunteer, coach, or trainer to take a course when child or youth, under the age of 14, can sustain serious injuries by participating in any high-risk youth athletics.

TIME, PLACE, AND MANNER OF PRESENTING VIEWS: A public hearing will be held on August 22, 2018, at 9:00 a.m., at the RSA Tower, Suite 1540, 201 Monroe Street, Montgomery, Alabama 36104.

FINAL DATE FOR COMMENTS AND COMPLETION OF NOTICE: Written or oral comments will be received until the close of the record at 5:00 p.m. on September 4, 2018. All comments and requests for copies of the proposed amendments should be addressed to the contact person listed below.

CONTACT PERSON AT AGENCY: Jamey Durham, Director, Bureau of Prevention, Promotion, and Support, Department of Public Health, P.O. Box 303017, Montgomery, Alabama 36130-3017, Telephone number: (334) 206-5634.

  
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P. Brian Hale, Agency Secretary

ALABAMA STATE BOARD OF HEALTH  
ALABAMA DEPARTMENT OF PUBLIC HEALTH  
OFFICE OF GENERAL COUNSEL  
ADMINISTRATIVE CODE

CHAPTER 420-11-3  
YOUTH INJURY MITIGATION TRAINING

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**420-11-3-.01 Minimum Course Requirements.** Youth athletics associations and recreational organizations that sponsor or conduct sports training, or high-risk youth athletic activities for children age 14 years and younger, shall require all unpaid or volunteer coaches and athletics personnel to complete a didactic, online, or residence course that addresses, at the very minimum:

- (a) Emergency preparedness, planning, and rehearsal for traumatic injuries.
- (b) Concussions and head trauma.
- (c) Heat and extreme weather-related injury familiarization.
- (d) Physical conditioning and training equipment usage.
- (e) Heart defects and abnormalities leading to sudden cardiac health death.

Author: Jamey Durham

Statutory Authority: Act 2018-496

History: New Rule Filed XX-XX-XXXX

**420-11-3-.02 Available Resources Meeting Requirements.** Resources that fulfill the minimum requirements shall be listed on the Alabama Department of Public Health's website at [www.alabamapublichealth.gov](http://www.alabamapublichealth.gov) under Youth Athletic Training Resources.

Author: Jamey Durham

Statutory Authority: Act 2018-496

History: New Rule Filed XX-XX-XXXX

**420-11-3-.03 Development of Programs and Recordkeeping.**

(a) Each youth athletics association and recreational organization shall develop a Coach Safety training program that encapsulates the minimum training requirements identified above and develop a tracking tool to ensure every coach and athletics personnel completes the course within 30 days of becoming actively engaged in, or serving as, a coach or athletics personnel.

(b) Each youth athletics association and recreational organization governing body shall maintain a record of individual course completion for as long as an individual serves as a coach or athletics personnel. The annual requirement shall be completed no later than the anniversary of the date on which the individual became actively engaged in serving as a coach or athletics personnel.

Author: Jamey Durham

Statutory Authority: Act 2018-496

History: New Rule Filed XX-XX-XXXX

**420-11-3-.04 Certain Professionals Exempt.** All licensed and certified athletic trainers, doctors, nurses, first responders, and health care professionals with acute traumatic life support training shall be exempt from the course requirement.

Author: Jamey Durham

Statutory Authority: Act 2018-496

History: New Rule Filed XX-XX-XXXX