STD Patient Delivered Partner Therapy

Satellite Conference and Live Webcast
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Faculty
Agnes Oberkor, MPH, MSN, CRNP
Nurse Practitioner Senior
Bureau of Communicable Disease
Alabama Department of Public Health

Program Objectives
• Explain Expedited Partner Therapy (EPT) and Patient Delivered Partner Therapy (PDPT)
• Discuss legal issues of EPT
• Explain the purpose and protocol procedure for PDPT administration
• List the appropriate PDPT candidates and exclusions

Program Objectives
• Describe the counseling requirements for the index patient and the sex partner
• Describe the PDPT packets
• Explain required documentation for the index patient and sex partners

EPT
• Sex partner management
• Index patient must have a positive lab test to selective STDs
• Medication or prescribed oral therapy
• No medical evaluation
• No professional prevention counseling
• Mostly, CT and TV; possible for GC if oral therapy is recommended
EPT in the United States

Legal Issues
- Prescription labeling requirements - Differs from state to state
- General privacy laws protection regarding HIPAA
- Privacy concerns for managing minors
- Provider - patient relationship
- Adverse medication reaction
- Professional liability

Supporters of EPT

Supporters of EPT

EPT in the State of Alabama
- Teamwork of:
  - Board of Nursing
  - Board of Medical Examiners
  - Board of Pharmacy
  - Alabama Department of Public Health

Patient Delivered Partner Therapy (PDPT)
- Legal provision for ADPH clinicians in county health departments only
- PDPT Clinic Protocol must be followed
**PDPT Clinic Protocol**

- PDPT is a type of EPT
- Treatment of sex partner for Chlamydia (CT) or Trichomoniasis (TV)
- Index patients must be diagnosed with CT or TV by positive laboratory test results

**PDPT Clinic Protocol**

- Note:
  - Not for partners of index patients presumptively treated

**Procedure**

- STD Revisit
  - Follow the routine Revisit Procedure for treatment
- Determine if PDPT is appropriate for the patient
- Determine if patient can personally deliver the Partner Notification Letter

**Procedure**

- Provide PDPT counseling
- Provide the appropriate PDPT packet
- Document appropriately

**Appropriate Candidates for PDPT**

- Sex partners of an index patient with
  - Positive CT or TV test results
  - TV present on wet mount
  - Ability of index patient to personally deliver Partner Notification Letter to sex partner

**PDPT Exclusions**

- Sex partner of a patient diagnosed with syphilis, gonorrhea or co-infection with HIV
- Pregnant women, and a male patient whose female sex partner is pregnant or may be pregnant
**PDPT Exclusions**
- Patients less than 12 years of age
- Patients who indicate that they cannot personally deliver Partner Notification Letter

**Obtain Required Information**
- Obtain sex partner's
  - Name
  - DOB / Age
  - Medication Allergy

**Patient Counseling**
- Personal delivery of packet to partner
- Medication information
- Precautions to avoid spreading or re-infection
- Importance of medical evaluation
- Go over PDPT packet with patient

**PDPT Packet**
- Pre-packed Medication - labeled sex partner information
  - CT: Azithromycin 1g in a single dose, or
  - TV: Metronidazole 2g in a single dose
- Medication PIL for CT or TV

**PDPT Packet**
- Partner Notification Letter
- Note:
  - Limit packets to five (5) known partners in past 60 days or most recent
  - Limit PDPT services to two (2) times a year
PDPT Packet
- Written Material for STD to be treated, "Urgent and Private - Important Information About Your Health" (handout)
  - Information about STD to be treated
  - Medication
  - Precautions and prevention strategies

PDPT Packet
- Clinic contact information for
  - Patient to call for questions
  - Sex partners to call to make appointment for evaluation
  - Reporting adverse reaction

PDPT Documentation
- CHR documentation must include:
  - Pregnancy status of female sex partners
  - Type and number of PDPT packets given
  - Prevention counseling

PDPT Documentation
- Note:
  - Sex partner name must not be written in the index patient's chart
  - Sex partners do not require a medical chart for PDPT

PDPT Documentation
- Current Medication Log:
  - Comply with the STD Medication Dispensing protocol in the CPM for Medication Administration / Pharmacy

PDPT Documentation
Refer to Additional Handouts
- Standardized STD PDPT Medication Dispensing Log
  - Index Patient: Use PHALCON label or write the date and patient's name
  - Indicate the type of STD to be treated
**PDPT Documentation**

Refer to Additional Handouts

- **Sex Partner**:
  - Number of sex partners (may treat up to 5 known partners in past 60 days or most recent)
  - DOB / Age
  - Medication allergies

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**Adverse Reaction Reporting**

- **Patients**:
  - Report to County Health Department where service was provided
- **Clinic staff**:
  - Report to the STD Division at 334-206-5350

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**Next Step**

- Implementation
- Monitoring
- Evaluation

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**Summary**

- PDPT has been approved for only ADPH county clinics:
  - Limited to index patient with positive CT or TV
  - Consider the criteria for PDPT
  - Obtain sex partner’s name, DOB / age and medication allergy information

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**Summary**

- PDPT is a form of EPT, a sex partner management strategy to improve partner treatment and reduce re-infection
- Appropriate PDPT candidates and exclusions

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**Summary**

- PDPT counseling must include:
  - Disease and medication information
  - Precaution / prevention / symptomatic sex partner
  - Reporting adverse reactions
Summary

- PDPT packet must include:
  - Medication with required labeling
  - Written materials for the STD
  - Medication PIL of the medication provided
  - Clinic contact information
- Documentations - CHR, Medication and PDPT Logs

Special Thanks

- Board of Nursing
- Board of Medical Examiners
- Board of Pharmacy
- ADPH Leadership
  - Dr. Donald E. Williamson
  - Dr. Tom Miller
  - Bureau of Communicable Diseases

Special Thanks

- Family Health Services
- Nursing Division
- Legal Division
- Pharmacy Division
- STD Division Program Director and Staff
- PDPT Protocol Reviewers

What Is On Your…

References

- CDC MMWR Sexually Transmitted Diseases Treatment Guidelines, 2010, Page 7

References

- Expedited Partner Therapy in the Management of Sexually Transmitted Diseases: Review and Guidance, 2006
- Legal / Policy Toolkit for Adoption and Implementation of Expedited Partner Therapy by Arizona State University; Sandra Day O’Connor College of Law Public Health Law and Policy Program, January 31, 2011
  - http://www.cdc.gov/std/ept
Contact Information

Agnes Oberkor, MPH, MSN, CRNP
Nurse Practitioner Senior
Bureau of Communicable Disease
Alabama Department of Public Health

Agnes.Oberkor@adph.state.al.us

(334) 206-3913