

Antimicrobial Stewardship: Challenges & Quantifiable Metrics

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Disclosures

**We have no conflicts of interest to disclose
and no financial relationships relevant to
this activity.**

Learning Objectives

- Review national initiatives that directly influence the role of Antimicrobial Stewardship Programs
- Highlight common challenges observed in antimicrobial stewardship
- Identify quantifiable metrics and performance measures for ASP

Antimicrobial Stewardship

“Icebreakers”

“Superbugs...these are our babies...now they have body piercings and anger!”

“Antibiotics kill bacteria, not your anxiety. Stop the ‘just-in-case’ indications.”

Importance of Antimicrobial Stewardship

- **Increasing incidence of antimicrobial resistance**
 - Injudicious antibiotic use / Inappropriate antibiotic selection
 - Treatment failures and poor patient outcomes
 - Prolonged hospitalization
 - Increasing medical expenditures (use of additional medication, extra laboratory testing)
- **Stabilization of antibiotic resistance**
 - Multifactorial approach
 - Antibiotic formulary restrictions
 - Prospective audit and feedback
 - Surveillance of antibiotic utilization and resistance patterns
 - Daily interventions tailored to optimize appropriate antibiotic use

**“Mirror, Mirror on the Wall.....Who is
the Best Supporter of Them All?”**

Implementing an Antibiotic Stewardship Program: Guidelines by the Infectious Diseases Society of America and the Society for Healthcare Epidemiology of America

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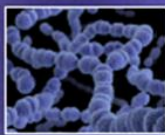
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Infectious Diseases Society of America

Centers for Disease Control

The Joint Commission (6/2016)

Core Elements of Hospital Antibiotic Stewardship Programs



National Center for Emerging and Zoonotic Infectious Diseases
Division of Healthcare Quality Promotion



• Issued June 22, 2016 •

Prepublication Requirements

The Joint Commission has approved the following revisions for prepublication. While revised requirements are published in the semiannual updates to the print manuals (as well as in the online E-dition®), accredited organizations and paid subscribers can also view them in the monthly periodical *The Joint Commission Perspectives*®. To begin your subscription, call 877-223-6866 or visit <http://www.jcinc.com>.



New Antimicrobial Stewardship Standard

APPLICABLE TO HOSPITALS AND CRITICAL ACCESS HOSPITALS

Effective January 1, 2017

Medication Management (MM)

Standard MM.09.01.01

The [critical access] hospital has an antimicrobial stewardship program based on current scientific literature.

Elements of Performance for MM.09.01.01

1. Leaders establish antimicrobial stewardship as an organi-

Note: An example of an educational tool that can be used for patients and families includes the Centers for Disease Control and Prevention's Get Smart document, "Viruses or Bacteria—What's got you sick?" at <http://www.cdc.gov/getsmart/community/downloads/getsmart-chart.pdf>.

4. The [critical access] hospital has an antimicrobial stewardship multidisciplinary team that includes the following members, when available in the setting:
 - Infectious disease physician
 - Infection preventionist(s)
 - Pharmacist(s)
 - Practitioner

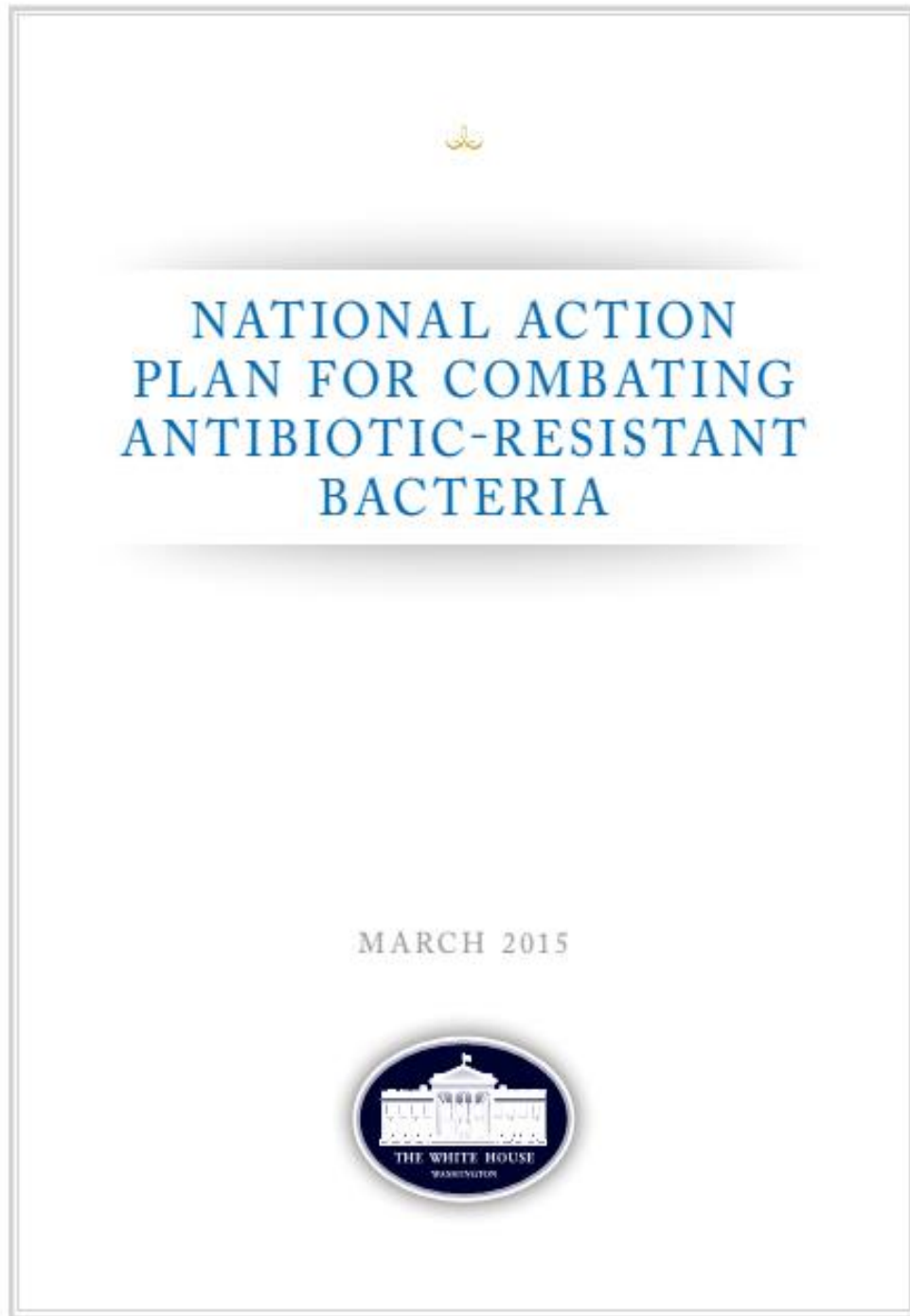


September 2014

- President's Executive Order and National Strategy
- PCAST Report to the President

March 2015

- National Action Plan for Combating Antibiotic-Resistant Bacteria (CARB)



Proposed Policy Changes

- Strengthen antibiotic stewardship in inpatient, outpatient, and long-term care settings
 - **Alignment with Centers for Disease Control (CDC) Core Elements and IDSA/SHEA**
 - **Compliance with Conditions of Participation and The Joint Commission (TJC) Accreditation requirements**
- Implement annual reporting of antibiotic use in inpatient and outpatient settings and identify variations at geographic, provider, and patient levels

Proposed Policy Changes

- Establish and improve antibiotic stewardship programs across ALL healthcare settings
- Reduce inappropriate antibiotic use by 50% in outpatient settings and 20% in inpatient settings
- Establish State Antibiotic Resistance (AR) Prevention (Protect) Programs in all 50 states

Goals of Antimicrobial Stewardship

- Improve patient outcomes
- Optimize selection, dose and duration of Rx
- Reduce adverse drug events including secondary infection (e.g., *Clostridium difficile* infection)
- Reduce morbidity and mortality
- Limit emergence of antimicrobial resistance
- Reduce length of stay
- Reduce health care expenditures

Challenges in ASP

The work to achieve success in Antimicrobial Stewardship closely parallels the storybook of.....

“The Little Engine That Could...”

“When it comes to Infectious Diseases and Antibiotics, there is only do or do not, there is no try.”



“Are there any familiar hurdles?”

Stakeholder Cooperation

- Internists/Hospitalists
- Intensivists
- General, advanced practitioners

Collaboration

- Microbiology
- Pharmacy
- Physicians
- Infection Prevention

Common Misconceptions

- If an Infectious Diseases consultant approves or uses an antibiotic, it must be appropriate
- Retrospective data collection and analysis can result in change in behavior
- The adoption of information technology (IT) will automatically make data collection, analysis and change in behavior easy
- Restricting use of certain antibiotics will reduce antibiotic misuse and overuse

Challenges: Fact or Fiction

- Not all literature in Infectious Diseases is “black & white”
- **Everyone** is an “**Expert**” on the use of antibiotics
- Providers perceive their autonomy is compromised
- Concerns for litigation
- Obtaining “buy-in” for support of ASP
- Financial pressures that influence decision-making processes
 - Pharmaceutical Industry
 - Hospitals (Budget)
 - Payer sources
 - Insurance industries
 - Centers for Medicare & Medicaid Services [CMS])
 - Patients/Support network

Physician Barriers

“Antibiotics are among the most potent of all anxiolytics – for prescribers.”

- Physician accountability & acknowledgement of need for improvement
- Misperceptions
- Knowledge gaps in the appropriate use of antimicrobial agents
- Lack of standardized, risk-adjusted measures
- Adaptive/behavioral changes needed to modify prescribing practices

“Pearls of Wisdom” for the Problem Prescriber

Map-Out Your Approach

- Timing of discussion & recommendations is prudent
- Be strategic and pick your battles

Do Your Homework

- Research & gather as much “valid” data as possible
- Understand the provider’s practice & patient population

Do Not “Go Postal!!”

- Do not initiate or engage in “heat-of-the-moment” battles
- Accept a “stewardship-appropriate” compromise

Modifying Prescribing Behaviors

- Involvement of senior physician leadership is critical
 - Administrative & Clinical
- Continue to share your stewardship message and education points with non-ID providers/clinicians
- ID should not be excluded from stewardship process
- Understand local culture and patient population

**“Fever is not a sign of ‘Vosyn’
deficiency.”**

Are there any solutions?

IDSA/SHEA, CDC, TJC Guidelines

- **A multidisciplinary ASP team infrastructure**
 - **ID physician and Pharmacist** and other key stakeholders as determined by the institution
- **Incorporate Core Strategies**
 - Prospective audit with intervention and feedback
 - Formulary restriction and preauthorization
- **Additional approaches to stewardship**
 - Education
 - Guidelines and clinical pathways
 - Order forms
 - **De-escalation**
 - Dose optimization
 - IV to PO conversion

Antibiotic De-escalation

Advantages

- Allows initial use of broad-spectrum therapy
- Narrows spectrum while maintaining efficacy
- May influence future prescribing behavior
- Decreases inappropriate antibiotic use
- Reduces adverse events
- Cost savings

Disadvantages

- Prescribers may be reluctant to change therapy if the patient is doing well
- If not done correctly, may narrow therapy “inappropriately”

De-escalation “Myths”

Common myths that negatively impact appropriate de-escalation:

- **Lack of conclusive microbiology results**
 - Continued use of broad-spectrum antimicrobial therapy
- **Diagnostic uncertainty**
 - Treatment of fever, colonization and/or contamination
- **Insecurity**
 - Treatment of noninfectious syndrome associated with fever
- **Duration of therapy exceeds evidence-based recommendations**

SERMC-CTCA Antimicrobial Stewardship Program

“Antimicrobial stewardship is a team game with the patient at the center, and it’s our teamwork that makes the dream work.”

SOUTHEASTERN HOSPITAL ANTIMICROBIAL STEWARDSHIP COMMITTEE CHARTER



MISSION

Antimicrobial stewardship can be defined as a continuous, systematic effort to optimize the use of antibiotic agents within a health care organization.

The mission of the Southeastern Regional Medical Center (SERMC) Antimicrobial Stewardship Committee is including, but not limited to: reducing inappropriate antimicrobial use, improving patient care outcomes and mitigating adverse consequences of antimicrobial therapy (i.e. antimicrobial resistance, preventable patient harm and unnecessary expenditure associated with medication expenses and drug-resistant infections).

“The microbes that are educated and a host of penicillin-fast organisms are bred out...In such cases, the thoughtless person playing around with penicillin is morally responsible for the death of the man who finally succumbs to infection with the penicillin-resistant organism. I hope this evil can be averted.”

-Alexander Fleming

SERMC ANTIMICROBIAL STEWARSHIP COMMITTEE



VOTING MEMBERS Task Force Advisors

Chair - Infectious Disease Physician – Dr. Charles Onunwko (August 2016)

**Infectious Disease/Critical Care Clinical Pharmacist –
Erika Ingram, Pharm.D, BCPS**

ASP Pharmacist – Tamunosa Abbey, Pharm.D, BCPS

Critical Care Medicine – Dr. Carter Co

Internal Medicine Physician – Dr. Ankur Patel

Internal Medicine Physician – Dr. Jude Emokpare

General Surgery Physician – Dr. Gary Bernstein

Director of Pathology – Dr. Judy Sequeira (Ad-hoc Member)

CTCA Enterprise Antimicrobial Stewardship Dashboard + The Joint Commission Standards

**The Joint Commission
New Antimicrobial Stewardship Standard**

‡ = Documentation required

		ERMC	SERMC	MRMC	SRMC
<p>Standard MM.09.01.01 The [critical access] hospital has an antimicrobial stewardship program based on current scientific literature.</p>		✓	✓	✓	✓
Elements of Performance for MM.09.01.01					
1	<p>Leaders establish antimicrobial stewardship as an organizational priority</p> <p><i>Note:</i> Examples of leadership commitment to an antimicrobial stewardship program are as follows:</p> <ul style="list-style-type: none"> • Accountability documents • Budget plans • Infection prevention plans • Performance improvement plans • Strategic plans • Using the electronic health 	✓	✓	✓	✓

DRUG EXPERTISE: Appointing a single pharmacist leader responsible for working to improve antibiotic use	✓	✓	✓	✓
ACTION: Implementing recommended actions, such as systemic evaluation of ongoing treatment need, after a set period of initial treatment (48 hour antibiotic review)	✓	✓	✓	✓
TRACKING: Monitoring the antimicrobial stewardship program, which may include information on antibiotic prescribing and resistance patterns	✓	✓	✓	✓
REPORTING: Regularly reporting information on antibiotic use and resistance to doctors, nurses and relevant staff	✓	✓	✓	✓
EDUCATION: Educating practitioners, staff and patients on the antimicrobial program	✓	✓		✓

Methods to Control Antimicrobial Use



Methods to
control
antimicrobial use

Restrictive use
(formulary
control)

Prospective audit
and feedback

Dellit TH et al. *Clin Infect Dis.* 2007; 44:159-77.

SERMC - Formulary Restriction and Preauthorization



- **Ceftaroline**
- **Ceftazidime-avibactam**
- **Ceftolozane-tazobactam**
- **Dalbavancin**
- **Daptomycin**
- **Ertapenem**
- **Linezolid**
- **Tigecycline**

ERTAPENEM (INVANZ[®])

SERMC Antibiotic Utilization Protocol, April 2015

RESTRICTION STATUS

Ertapenem requires evaluation of appropriate use upon verification of the first dose. A review for continuation of therapy will be conducted by the ID Pharmacist or designee within 24 to 72 hours of initial dose administration.

Charles Onunkwo, MD, Infectious Disease Medicine
Erika Ingram, Pharm.D, BCPS, ID/CC Clinical Pharmacist

Designees:

Tamunosa Abbey, Pharm.D, ASP Pharmacist
Ankur Patel, MD, ASP Champion/Internal Medicine
Jude Emokpare, MD, ASP Champion/Internal Medicine
Carter Co, MD, ASP Champion/Critical Care Medicine
Gary Bernstein, MD, ASP Champion/General Surgery

UTILIZATION CRITERIA

OVERVIEW

Ertapenem is carbapenem antibiotic with activity against many aerobic and anaerobic gram-positive and gram-negative pathogens, including extended-spectrum beta-lactamase (ESBLs). There is no clinically significant activity against *Pseudomonas spp.*, *Acinetobacter spp.*, and *Enterococcus spp.*

APPROPRIATE USE

- Mild to moderate intra-abdominal infections including: diverticulitis, biliary tract infections and secondary peritonitis.
- Moderate diabetic foot infections (DFI)
- Infections secondary to AmpC and extended-spectrum beta-lactamase (ESBL) - producing organisms susceptible to ertapenem.
- Complicated urinary tract infections caused by ESBL-producing organisms
- Other: _____

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INAPPROPRIATE USE

- Not for use in Urgent Care**
- Initial therapy for the following **complicated** infections: intra-abdominal, skin and skin structure infections and /or urinary tract.
- Initial treatment of community-acquired bacterial pneumonia.
- Empiric therapy **OR** culture-documented infections secondary to *Acinetobacter spp.*, *Pseudomonas spp.* and *Enterococcus spp.*
- Treatment of Asymptomatic Bacteruria (ASB) or genitourinary colonization secondary to Amp-C and ESBL-producing organisms
- Surgical prophylaxis (excluding colorectal procedures)
- Other: _____

DOSING

All Indications	CrCl (mL/min)			
	> 30	< 30	CRRT	IHD
	1gm IV q24h	500mg IV q24h	1gm IV q24h	500mg IV q24h

SERMC - Formulary Restriction and Preauthorization



ERTAPENEM (INVANZ[®])
FOR PHARMACY USE ONLY:

Patient name: _____ **MRN#:** _____

Appropriate therapy:

YES

Duration of therapy: _____

NO

Alternate recommendation: Drug/Dose: _____ Duration: _____

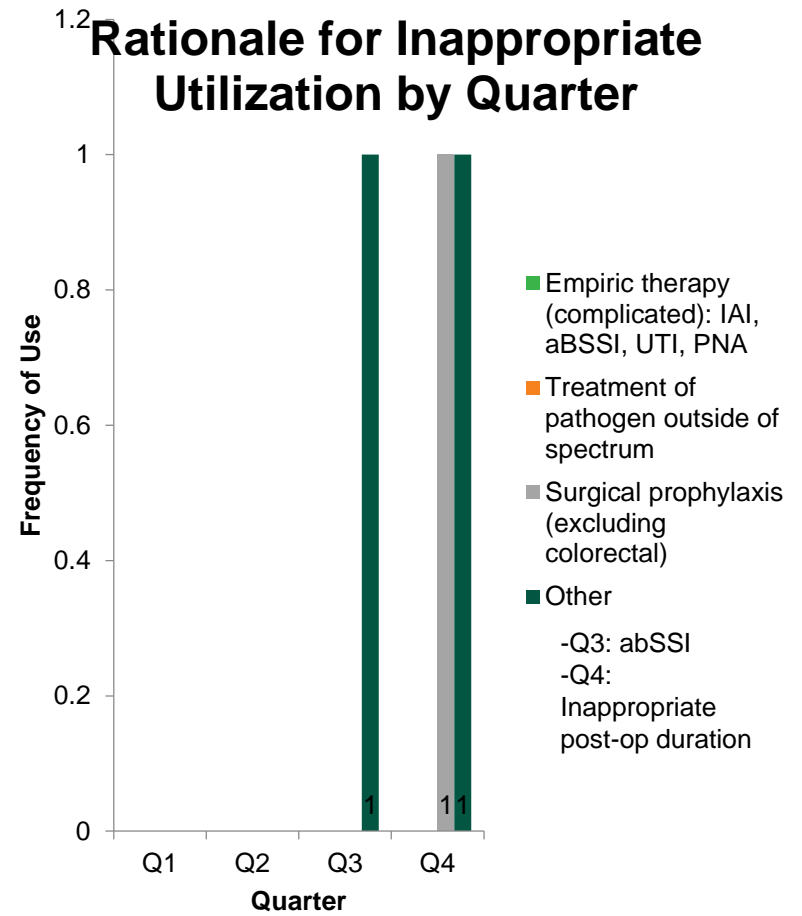
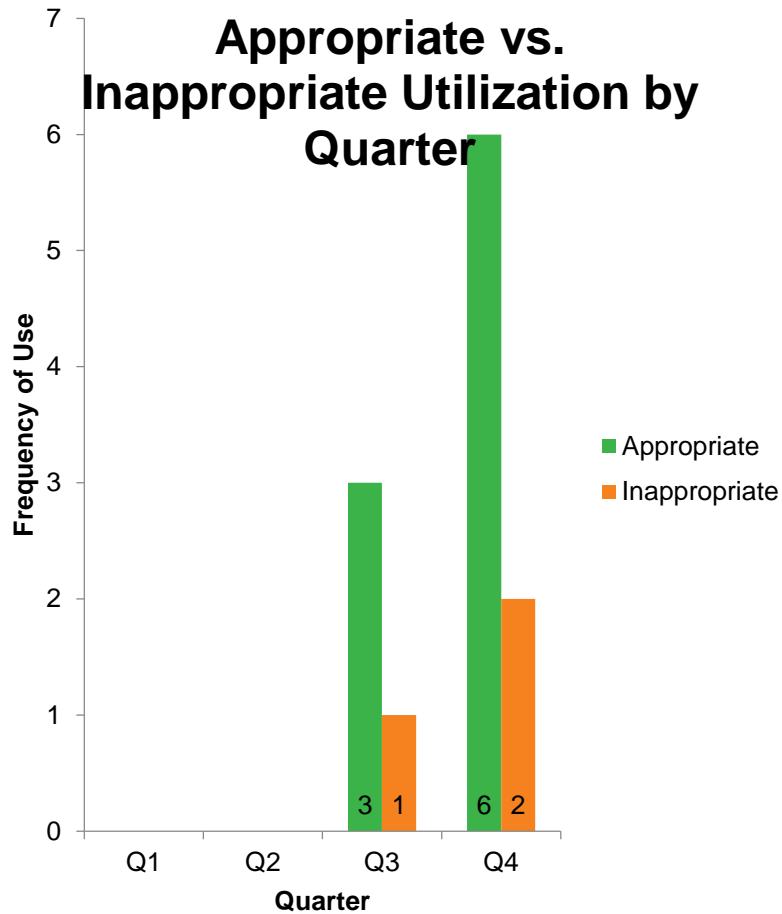
Approved:

Declined

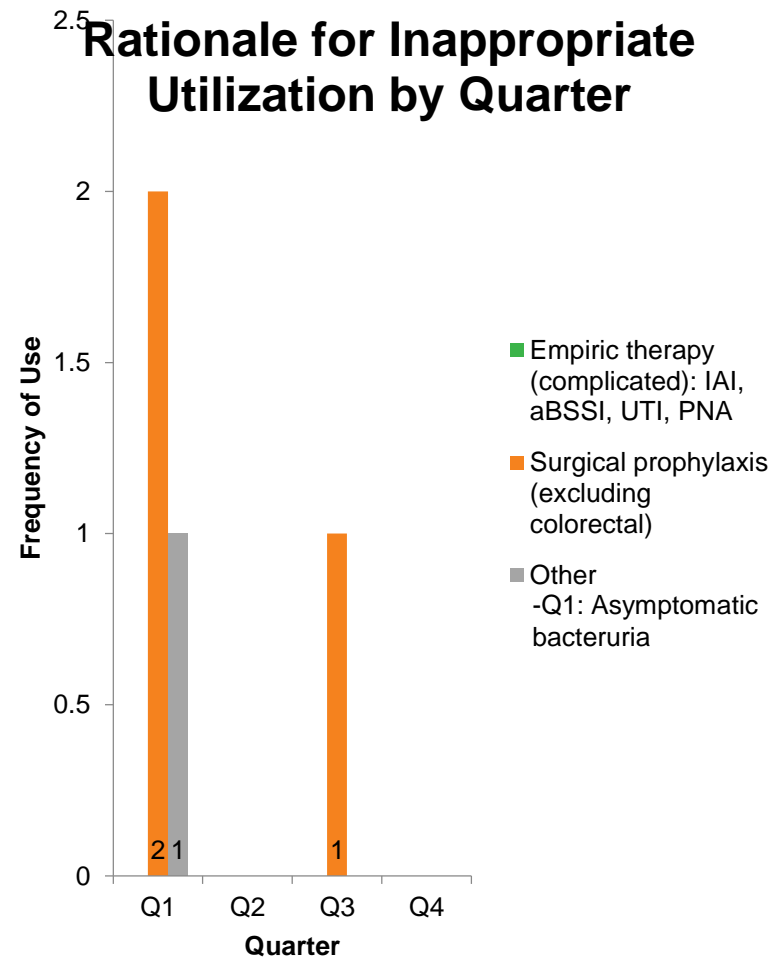
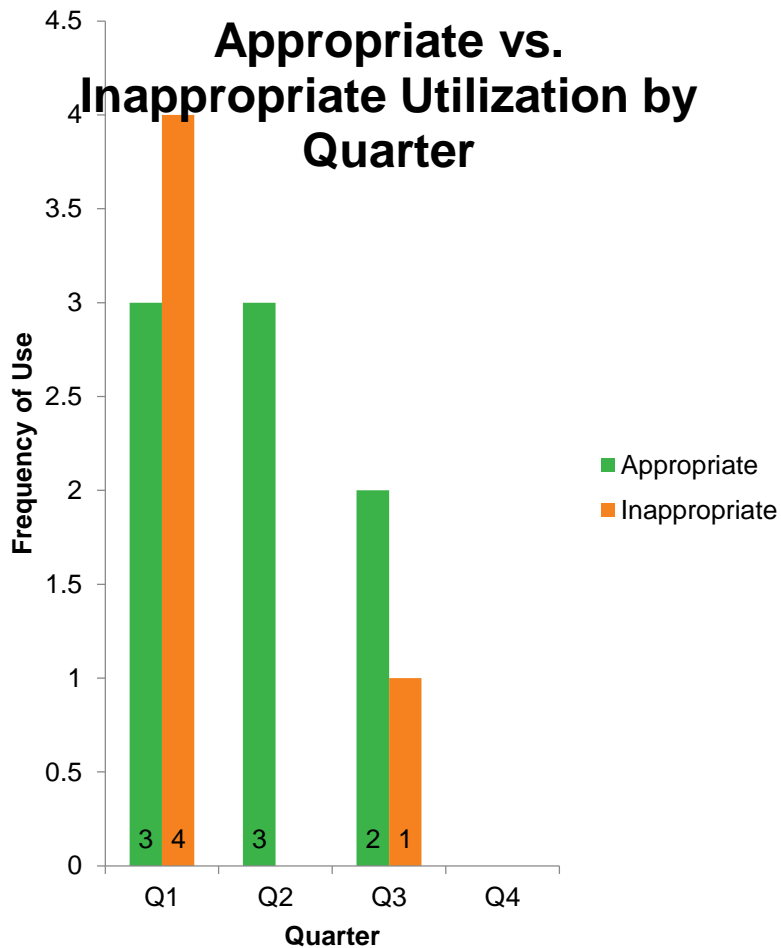
Drug utilization evaluated by: _____ **Date:** _____

Provider Signature: _____ **Date:** _____

ERTAPENEM 2015

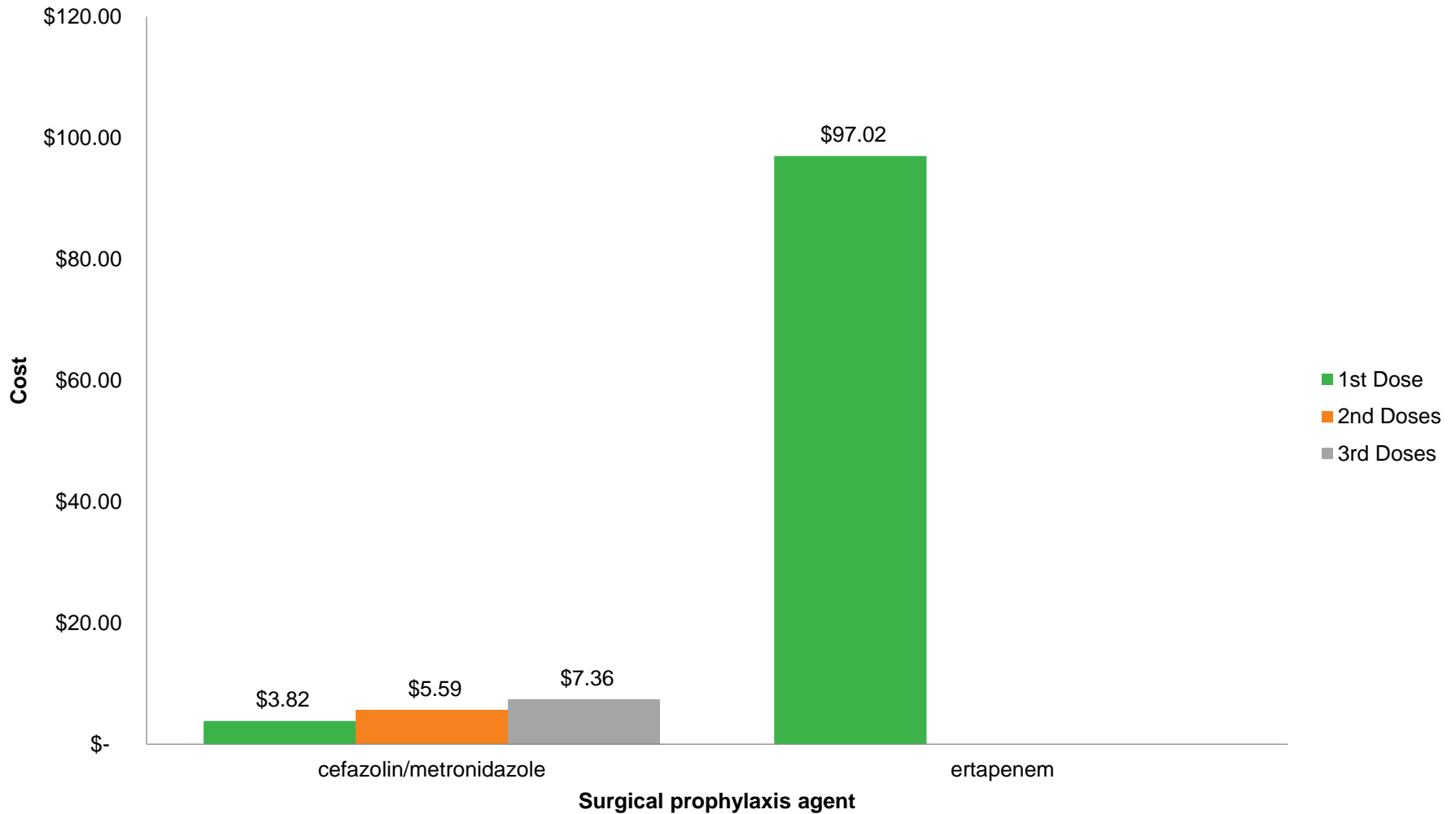


ERTAPENEM 2016



SURGICAL ANTIBIOTIC PROPHYLAXIS: COST ANALYSIS

Cefazolin/Metronidazole vs. Ertapenem



SERMC Antibiotic Stewardship Initiative



CORE ELEMENTS

STATUS

ACTION PLAN

BROAD INTERVENTIONS

- Chart review of appropriate use 48-hrs post initiation
- Pre-authorization (by MD/PharmD) for specific abx agents
- MD/PharmD review of courses of abx therapy (prospective audit with feedback)

Yes

Yes

Yes

Established chart review process for appropriate abx use at ~48-72 hrs post-initiation. All abx reports print daily (Pyxis Reports) for all inpatient areas. Vigilanz (clinical surveillance system) for tracking different entities of ASP

- Eight abx utilization protocols developed for pre-authorization process for specific abx. <Continuous>

- Dr. Charles Onunkwo (SERMC Infectious Disease Physician) will implement process of prospective audit with feedback will be implemented October 2016 (tentative).

ASP Initiatives: Daily Antimicrobial Report (Inpatient)



Southeastern Regional
Medical Center
600 Celebrate Life Parkway
Newnan, GA 30265
Phone: (770) 400-6000



Winning the fight against cancer, every day.*

Inpatient Census Report

SERMC

As on 9/21/2016 8:33:34 AM

Room	Patient	DOB	Age	Sex	Service	Primary Diagnosis	Admit Date	LOS/Visit	Code Status	Oncologist	Hospitalist
201-0	SILVEY, MARSHALL 90012037	2/12/1961	55y	M	Inpatient	Adenocarcinoma of sigmoid colon	9/14/2016	8/900113821	Full Code	Chowdhury, Shahin	Onasile, Emmanuel
202-0	CLICK, MARY A 90005385	5/8/1979	37y	F	Inpatient	Prolonged QT interval	9/20/2016	2/900114417	Full Code	Cavanaugh, Sean; Pabbathi, Haritha	Onasile, Emmanuel
203-0	BENT CAMPBELL, NADINE 90014711	1/8/1986	30y	F	Inpatient	Metastatic adenocarcinoma to liver	9/19/2016	3/900114372	Full Code	Meiri, Eyal	Castro-Reveredo, Iris
204-0	LUCAS, WILLIAM 90015817	7/6/1965	51y	M	Inpatient	Adenocarcinoma of esophagus	9/15/2016	7/900113887	Full Code	Meiri, Eyal; Shakibnia, Lily	Cushing, Michael
205-0	CIVERS, DEBORAH 90014246	10/7/1956	59y	F	Inpatient	Adenocarcinoma of colon	9/17/2016	5/900114211	Full Code	Patel, Atulkumar	Hardy, Learthony
206-0	HAND, CHRISTINA 90013903	11/29/1973	42y	F	Inpatient	Inflammatory carcinoma of breast	9/16/2016	6/900114180	Full Code	Hyde, Christian; Panicker, Ritwick	Onasile, Emmanuel
207-0	OCHOA, WILMA 90013349	10/5/1961	54y	F	Observation	Pain from bone metastases	9/20/2016	2/900114633	Full Code	Cavanaugh, Sean	Onasile, Emmanuel
208-0	MASTRARRIGO, GERRARD 90005743	1/20/1966	50y	M	Observation	Small bowel obstruction	9/20/2016	2/900114613	Full Code	Meiri, Eyal	Onasile, Emmanuel
209-0	LOVETT, MONICA 90001652	4/13/1976	40y	F	Inpatient	Vaginal spotting	9/7/2016	15/900112812	Full Code	Gullett, Norleena; Pabbathi, Haritha	Onasile, Emmanuel

What Is the More Effective Antibiotic Stewardship Intervention: Preprescription Authorization or Postprescription Review With Feedback?

Pranita D. Tamma,¹ Edina Avdic,² John F. Keenan,³ Yuan Zhao,⁴ Gobind Anand,⁵ James Cooper,⁶ Rebecca Dezube,⁷ Steven Hsu,⁸ and Sara E. Cosgrove⁹

¹Division of Infectious Diseases, Department of Pediatrics, Johns Hopkins University School of Medicine, and ²Department of Pharmacy, Johns Hopkins Hospital, Baltimore, Maryland; ³Department of Family Medicine, Lynchburg General and Virginia Baptist Hospital, Lynchburg; ⁴Department of Epidemiology, Johns Hopkins Bloomberg School of Public Health, Baltimore, Maryland; ⁵Division of Gastroenterology, Department of Medicine, University of California, San Diego; ⁶Division of Hematology, Department of Medicine, National Institutes of Health; and Divisions of ⁷Pulmonary and Critical Care Medicine, ⁸Cardiology, and ⁹Infectious Diseases, Department of Medicine, Johns Hopkins University School of Medicine, Baltimore, Maryland

Background. The optimal approach to conducting antibiotic stewardship interventions has not been defined. We compared days of antibiotic therapy (DOT) using preprescription authorization (PPA) vs postprescription review with feedback (PPRF) strategies.

Methods. A quasi-experimental, crossover trial comparing PPA and PPRF for adult inpatients prescribed any antibiotic was conducted. For the first 4 months, 2 medicine teams were assigned to the PPA arm and the other 2 teams to the PPRF arm. The teams were then assigned to the alternate arm for an additional 4 months. Appropriateness of antibiotic use was adjudicated by at least 2 infectious diseases-trained clinicians and according to institutional guidelines.

Results. There were 2686 and 2693 patients admitted to the PPA and PPRF groups, with 29% and 27% of patients prescribed antibiotics, respectively. Initially, antibiotic DOTs remained relatively unchanged in the PPA arm. When changed to the PPRF arm, antibiotic use decreased (−2.45 DOT per 1000 patient-days [PD]). In the initial PPRF arm, antibiotic use decreased (slope of −5.73 DOT per 1000 PD) but remained constant when changed to the PPA arm. Median patient DOTs in the PPA and PPRF arms were 8 and 6 DOT per 1000 PD, respectively ($P = .03$). Antibiotic therapy was guideline-noncompliant in 34% and 41% of patients on days 1 and 3 in the PPA group ($P < .01$) and in 57% and 36% of patients on days 1 and 3 in the PPRF group ($P = .03$).

Conclusions. PPRF may have more of an impact on decreasing antibiotic DOTs compared with PPA. This information may be useful for institutions without sufficient resources to incorporate both stewardship approaches.

Antimicrobial Stewardship: Performance & Quantitative Measures

**“The most expensive antibiotic is the
one that does not work.”**

ASP Framework: Metrics

National Quality Forum

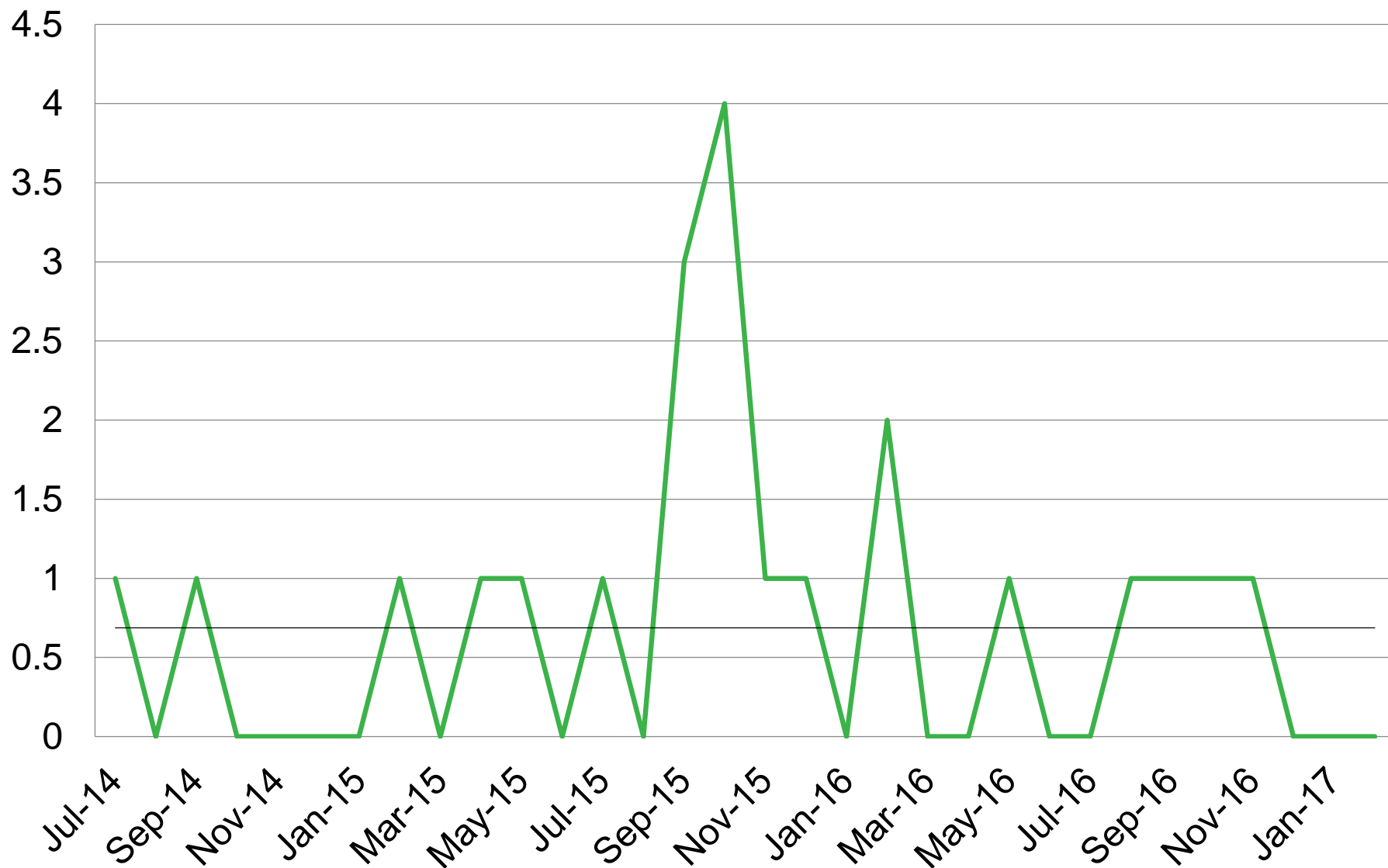
Measurement Area	Measure
Antibiotic consumption	<ul style="list-style-type: none"> • Days of therapy (DOT) per 1,000 patient days—overall and for specific agents or groups of agents • Defined daily dose (DDD) per 1,000 patient days (if DOT not available) • Standardized Antibiotic Administration Ratio*
Process measures	<ul style="list-style-type: none"> • Provision of indication with each antibiotic start • Percentage of cases where therapy is appropriate (especially for serious infections, such as sepsis) • Appropriate Treatment of Methicillin-Sensitive Staphylococcus aureus (MSSA) Bacteremia • Frequency at which de-escalation occurs • Timely cessation of antibiotics given for surgical prophylaxis • Antibiotics not prescribed to treat asymptomatic bacteria • Appropriate cultures obtained before starting antibiotics • Adherence to hospital-specific guidelines • Acceptance of ASP recommendations • Frequency of performance of antibiotic time outs or reviews • Timely administration of appropriate antibiotics in cases of suspected sepsis

ASP Framework: Metrics

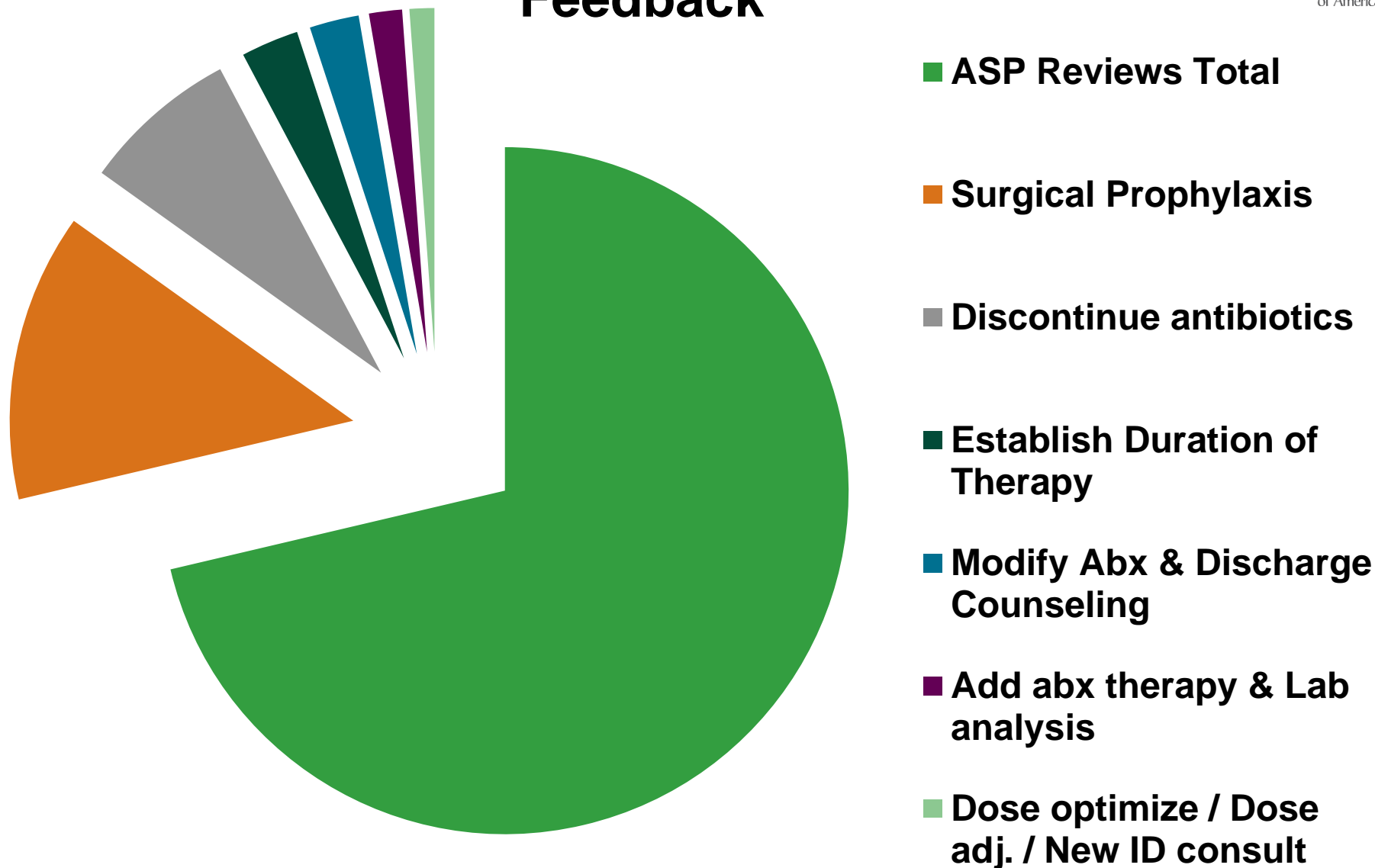
National Quality Forum

Measurement Area	Measure
Outcome measures	<ul style="list-style-type: none">• Length of stay• Cure of infection• Risk-adjusted mortality• Hospital readmissions for select infections• Hospital-onset <i>C. difficile</i> infections*• Adverse drug reactions (number/percentage/rate)• Antimicrobial resistance- focusing on hospital onset cases would most likely best reflect the impact of ASPs• Provider-level measures if available (e.g., treatment of <i>S. aureus</i> and bloodstream infections)
Financial	<ul style="list-style-type: none">• Antibiotic cost per patient day• Antibiotic cost per admission• Total hospital cost per admission

SERMC-CTCA Number of HO-CDAD Cases July 2014 - Feb 2017

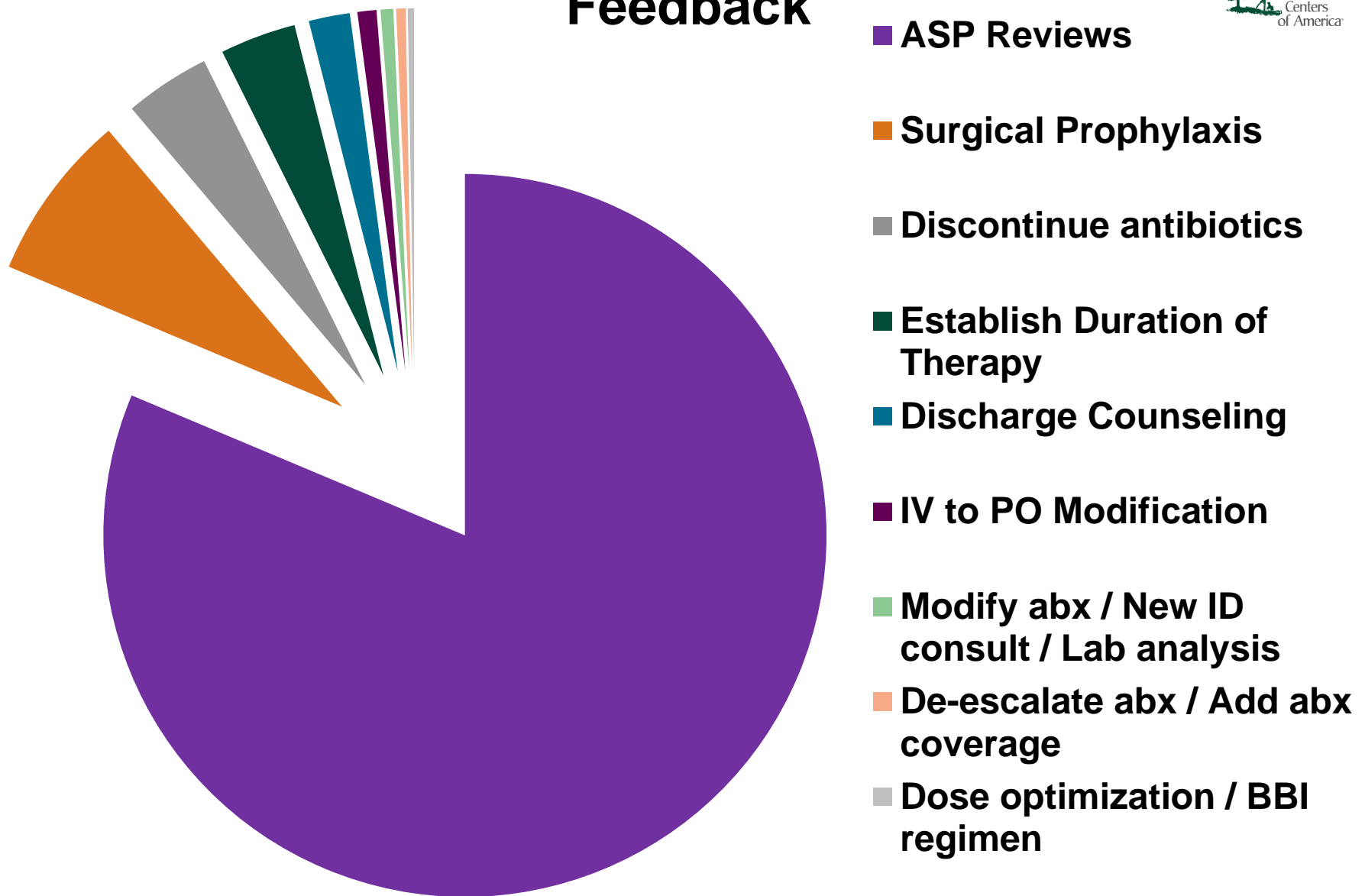


2016 – October – Prospective Audit with Feedback



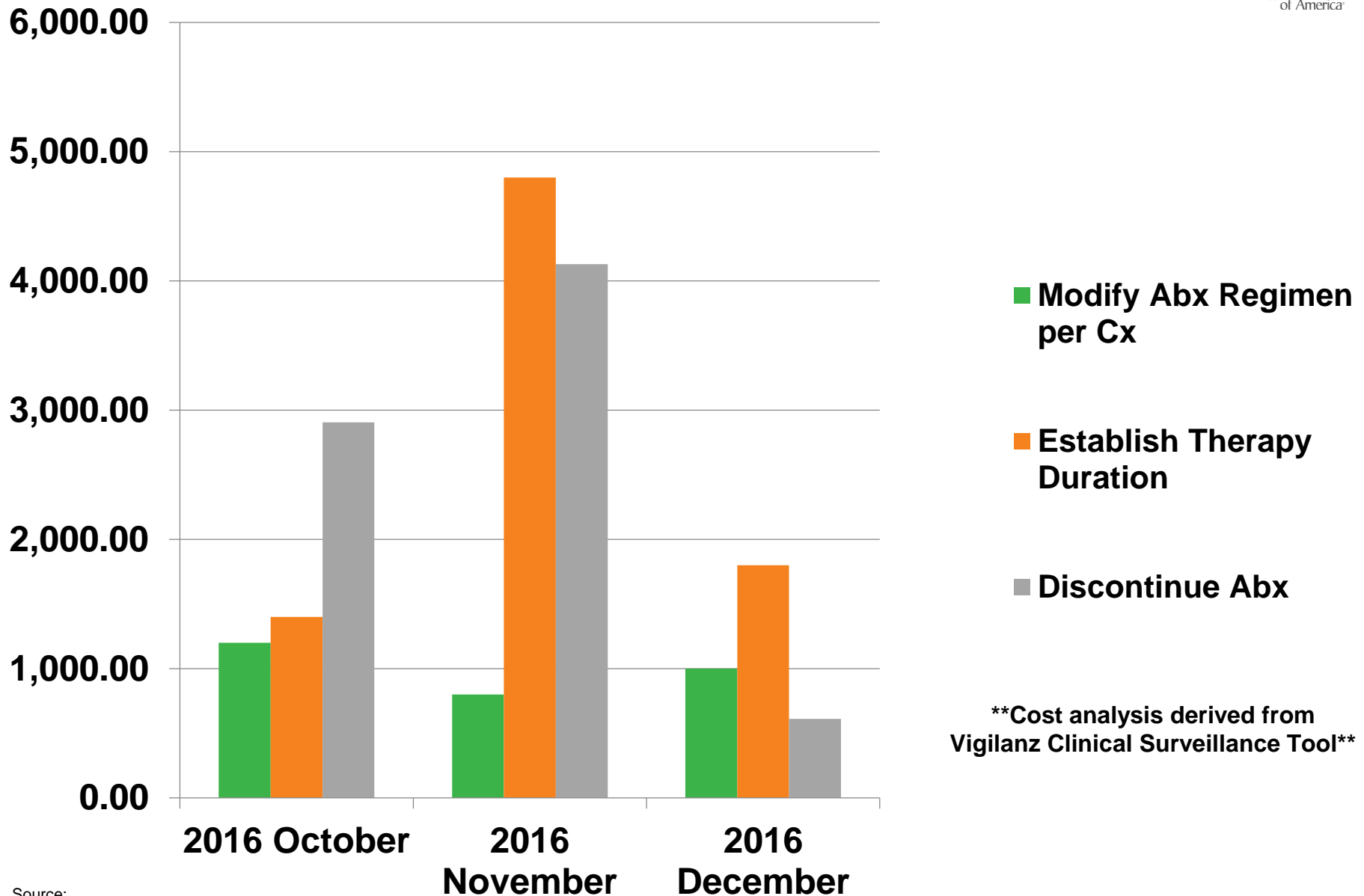
Source:

2016 – November – Prospective Audit with Feedback



Source:

Antimicrobial Stewardship Potential Cost Savings



****Cost analysis derived from Vigilanz Clinical Surveillance Tool****

Source:

Conclusion

- Antimicrobial resistance is a significant public health and patient safety concern
- Highest levels of government officials are highlighting antimicrobial stewardship and efforts to decrease resistance
- TJC and CMS are developing guidance for accreditation based on an effective ASP, including publicly reportable measures
- All stakeholders should be engaged in antimicrobial stewardship and across the continuum of care.

Thank You!

“To learn how to use antibiotics, one must first learn how not to use antibiotics.”



Scientists discover a new superbug.

“If we use antibiotics when not needed, we may not have them when they are most needed.”

“Mirror, mirror on the wall. Do I need antibiotics at all?”

Asymptomatic Bacteriuria: “Symptom free pee: Let it be”

References

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